

# Living Your Passions

## *The 7 Principles of Living a Passionate Life*

### **Commitment:**

Make a commitment to identifying your passions, and then you must choose in favor of your passions every day. Soon you will discover you are living a passionate life.

### **Clarity:**

When you are clear what you want will show up in your life and only to the extent that you are clear. Clarity is power! You must clearly define what you want and then set the intention to achieve it.

### **Attention:**

What you put your attention on grows stronger in your life. You must set your Intention. Then put your Attention in that area – on living your passions, to achieve what you want.

### **Stay Open:**

Stay open, your dreams may show up differently than you planned, and yet, there is nothing that can stop you. Watch for the signs helping to direct you.

### **Integrity:**

Be as true to yourself as you are to others, and as true to others as you are to yourself. Just be YOU! In all it's glory be true to your value, goals and dreams.

### **Persistence:**

Fulfillment belongs to those who stay the course. Persistence + Patience = Change. When you are aligned with your deepest, most important passions, the ups and downs of life will be unable to throw you off track.

### **Follow Your Heart:**

When in doubt follow your heart. Passions arise from the heart. The mind will only complicate matters.

*"Your time here is limited, so don't waste it living someone else's life. Don't be trapped by dogma - which is living with the results of other people's thinking. Don't let the noise of other's opinions drown out your own inner voice. And most important, have the courage to follow your heart and intuition. They somehow already know what you truly want to become and everything else is secondary."*

~Steve Jobs



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